

The Health Runners Association of Ierapetra, under the auspices of the Municipality of Ierapetra, in collaboration with the Region of Crete, the Cultural Association of Agios Stefanos, the Cultural Association of Stavrochori, Koutsouras, the Cultural Association of Pefka and the Women's Association of Stavrochori, announce Two **People's Roads** under the name **South Crete Night Run 2026**, which includes the **10,000 meter Race**, the **5,000 meter Race** and the **Children's 1000 meters**. South Crete Night Run 2026 will be held on **Saturday, July 4, 2026** according to the following conditions:

1. The starting and finishing point of all is defined as the port of Makry Gialos.
2. **Road Details:**

a) **Road 10,000 km Start Time: 19:30 p.m.**

Description of the Route:

The starting point of the race is from the port of Makry Gialos in the direction of Koutsouras from the pedestrian street to Kalamokana. After reaching Kalamokanas, it comes out on the main road to Koutsouras and following the course of the road it reaches the tavern Kalioztina where it turns left and comes out on the pedestrian street that is parallel to the sea with a course towards Koutsouras, passes the bridge and comes out on the coastal pedestrian street of Koutsouras. Then it comes out on the main road with a course to the port of Makris Gialos through the kalamokania. Arriving at the port of Makris Gialos, it passes through the starting arch and continues to Analipsi through the first alley that leads back to the main road. It follows the course to the White River and turns right, exiting the coastal road in the direction of the port of Makry Gialos. makes exactly the same return route and finishes at the port of Makry Gialos. (9,600m)

Distinctions – Prizes

The first three and the first three of the general classification with a medal and a cup will be awarded, as well as the first three of each age category (men and women).
(The first 3 in the general classification are not re-awarded in the age categories)

All runners who finish will be awarded an original commemorative medal. In order to participate in the 10,000m Race, one must be at least 16 years of age.

AGE CATEGORIES – AWARDS

Men: 18-29, 30-39, 40-49, 50-59, 60+

Women: 18-29, 30-39, 40-49, 50-59, 60+

b) **Road 5,000m. Start Time: 19.35 p.m.**

The starting point of the race is from the port of Makry Gialos in the direction of Koutsouras from the pedestrian street to Kalamokana. after reaching Kalamokanas, it comes out on the main road to Koutsouras and reaches the central square of Koutsouras where it makes a U-turn and following the same course reaches the finish line at the port of Makry Gialos

All runners who finish will be awarded an original commemorative medal. In the 5000 meters Race, he must be at least 12 years of age (born in 2014 and older). In order to receive the participation package, the parent must submit to the secretariat a solemn declaration, stating that: I allow my son/daughter to participate in the 5,000m race of the South Crete Night Run 2026 which will be held on July 4, 2026."

Distinctions – Prizes

The first three and the first three of the general classification with a medal and a cup will be awarded, as well as the first three of each age category (men and women). (The first 3 in the general classification are not re-awarded in the age categories)

All runners who finish will be awarded an original commemorative medal. In order to participate in the 10,000m Race, one must be at least 12 years of age.

AGE CATEGORIES – AWARDS

Men:18-29, 30-39, 40-49, 50-59, 60+

Women: 18-29, 30-39, 40-49, 50-59, 60+

C) **Children's 800 meters** (6-12 years old) **Start Time: 19.20 p.m.**

The participation of minor children in the race **is free** and there is no financial burden, except for the approval of the parent for the participation of his minor child by filling in a consent form **without** electronic timing.

Registrations – Registration Methods – Types of Registration

5.1 *Registrations*

Electronic registrations will be completed on Monday, June 29, 2026 **After this date, they will be written to the club's secretariat up to one hour in advance, but subject to the availability of the event package.**

Sports equipment and participation package facilities

Road 10,000 m.	Commemorative technical t-shirt, participation number, electronic timing, commemorative medal, athlete's package, provision of medical services, provision of first aid, provision of water.
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Road

5,000m and For minor children, a commemorative medal, provision of medical services, provision of first aid, provision of water,

The participation fee for both distances (10,000m and 5,000m) is €15,

7. Payment Methods

Payment is made on the day of the race at the secretariat upon receipt of the athlete's package.

8. Health Coverage

At the start, along the route, as well as at the finish, there will be first aid health stations. Also, for the safer conduct of the race, there will be a doctor who will monitor its development.

In any case, all competitors participate at their own risk. The organizers are not responsible for anything that may happen regarding health issues and is due to a lack of preventive medical check-up. It is recommended that participants have recently undergone a medical examination. Medical certificates will not be requested from the organizers, since all participants compete at their own sole risk and minors under the responsibility of their guardians.

9. Contact

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General Terms

Only validly and timely registered runners can participate in the races of the event.

Participants in the event consent to be photographed during the day and times of the race by photographers of the event, as well as to the taking of their image during the videotaping of the event. Participants in the event agree to the use of these downloads and their reproduction in combination with their name.

The participation numbers are received in person by the registered runners exclusively from the Secretariat, on the days and hours of its operation, upon presentation of an identity card or other legal identification document. The registered runner can authorize another person to collect their personal entry number from the Registration Center.

The bib number is personal and cannot be transferred, transferred, or given to another runner.

Participants must have read and respected the instructions they have received from the Organizing Committee of the race either electronically or in printed form throughout

the period leading up to the race (e.g. Technical Instructions, Race Schedule, etc.) and which have also been posted on the club's website.

The Ierapetra Health Runners Association guarantees that it will not collect, register, store, use, reproduce, transmit, disseminate and in general process in any way Personal Data in any form, other than that which is absolutely necessary for the fulfillment of its obligations, in accordance with the terms of the main contract, as in force.